

**July 2019**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Bagels & Milk	Cornbread & Milk	Waffles & Milk	ACCC CLOSED 4 th of JULY 	Pancakes & Milk
Fish Fillet Rice Broccoli Apples Milk	Chicken Burgers Corn Melon Milk	Mac & Cheese Green Beans Applesauce Milk		Turkey & Cheese Sandwich Carrots Bananas Milk
Crackers 'n' Cheese	Bananas & Milk	Oranges & Whole Grain Crackers		H2O Melon & Crackers
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Cornbread & Milk	Waffles, Applesauce & Milk	Cheesy Toast & Milk	Bagels & Milk	Oatmeal & Raisins
Chicken Nuggets Peas & Carrots Pears Milk	Pizza Quesadilla Green Beans Oranges Milk	Goulash Broccoli Melon Milk	Tomato Soup Cheesy Biscuits Bananas Milk	Ham & Cheese Sandwich Baby Carrots Melon Milk
Hummus & Whole Grain Crackers	Goldfish & Milk	Bananas & Milk	Cheese 'n' Crackers	Cheerio Mix & Milk
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Waffles & Milk	Cheesy Bagels & Milk	Cinnamon Toast & Milk	Banana Bread & Milk	Cornbread & Milk
Pasta Salad Cheese Sticks Peas & Carrots Pears Milk	Fish Fillet Rice Broccoli Apples Milk	Tacos Corn Oranges Milk	Buttered Pasta Cheese Sticks Green Beans Melon Milk	Hoagie Sandwiches Tomatoes Pickles Carrots Bananas Milk
Oranges & Crackers	Bananas & Milk	Melon & Cheese	Goldfish & Milk	Cheerio Mix & Milk
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Bagels 'n' Cr. Cheese & Milk	Waffles & Milk	Cheesy Toast & Milk	Cornbread & Milk	Yogurt & Berries
Cheese Ravioli Peas & Carrots Bananas Milk	Sloppy Joe's Mixed Veggies Apples Milk	Spaghetti Garlic Bread String Cheese Green Beans Pears Milk	Mini Pizza Broccoli Oranges Milk	Cheese Sandwiches Carrots Melon Milk
H2O Melon & Crackers	Crackers & milk	Hummus & Cucumber	Oranges & Crackers	Bananas & Milk
<b>29</b>	<b>30</b>	<b>31</b>		
Cinnamon Toast & Milk	Blueberry Muffin & Milk	Waffles & Milk		
Chicken Burgers Broccoli Pears Milk	Mac & Cheese Green Beans Applesauce Milk	Teriyaki Chicken Brown Rice Pea & Carrots Oranges Milk		
Crackers 'n' Cheese	Cheerio Mix & Milk	Apples & Sun Butter		

**Serving Sizes:** Meat/Fish/Poultry 1/2 to 1 ounce    Fruit/Vegetable 1/2 Cup    Noodles/Rice/etc. 1/4 Cup  
Milk/Juice/Water 3/4 cup    **ALL SNACKS ARE SERVED WITH MILK OR WATER**