`June 2019

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **3** | **4** | **5** | **6** | **7** |
| Waffles, Applesauce & Milk | French Toast & Milk | Cornbread & Milk | Oatmeal & Raisins | Blueberry Muffin & Milk |
| Chicken Nuggets  Broccoli  Melon  Milk | Pasta Salad  Cheese Sticks  Peas & Carrots  Pears  Milk | Tacos  Corn  Oranges  Milk | Mini Pizza  Green Beans  Apples  Milk | Turkey  Sandwiches  Carrot Coins  H20 Melon  Milk |
| Goldfish & Milk | Apples & Milk | Cheerio Mix & Milk | Melon & Crackers | Bananas & Milk |
| **10** | **11** | **12** | **13** | **14** |
| Pancakes & Milk | Yogurt & Berries | Waffles & Milk | Cheesy Bagels & Milk | Banana Bread & Milk |
| Fish Fillet  Rice  Broccoli  Oranges  Milk | Spaghetti  Garlic Bread  Green Beans  Apples Sauce  Cheese Sticks  Milk | Tomato Soup  Cheesy Biscuits  Bananas  Milk | Mac and Cheese  Mixed Veggies  Oranges  Milk | Ham Cheese Sandwich  Carrots  Bananas  Milk |
| Melon & Crackers | H20 Melon & Crackers | Apples & Sun Butter | Pears & Crackers | Oranges & Cheese |
| **17** | **18** | **19** | **20** | **21** |
| Waffles & Milk | Yogurt & Berries | Cheesy Toast & Milk | English Muffin With Sun Butter\* | Oatmeal & Raisins |
| Cheese Ravioli  Green Beans  Apples  Milk | Chicken Burgers  Mixed Veggies  Bananas  Milk | Bean & Cheese Burrito  Corn  Oranges  Milk | Teriyaki Chicken  Brown Rice  Pea & Carrots  Pears  Milk | Hoagies  Toms & Pickles  Baby Carrots  Bananas  Milk |
| Hummus & Whole Grain Crackers | Oranges & Crackers | Bananas & Cheese | Berries & Whole Grain Crackers | Cheerio Mix & Milk |
| **24** | **25** | **26** | **27** | **28** |
| Bagels w/ Cream Cheese & Milk | Waffles & Apple Sauce | Cornbread & Milk | French Toast & Milk | Pancakes & Milk |
| Chicken Nuggets  Broccoli  Melon  Milk | Turkey Melts  Corn  Oranges  Milk | Buttered Pasta  Peas & Carrots  Cheese Sticks  Applesauce  Milk | Pizza Quesadilla  Mixed Veggies  Berries  Milk | Sun Butter & Jelly Sandwiches  Cheese Sticks  Carrots  Bananas  Milk |
| Apples & Crackers | H2O Melon & Crackers | Goldfish & Milk | Pears & Milk | Hummus & Whole Grain Crackers |

**Serving Sizes: Meat/Fish/Poultry 1/2 to 1 ounce Fruit/Vegetable 1 /2 Cup Noodles/Rice/etc. 1/4 Cup**

**Milk/Juice/Water 3/4 cup ALL SNACKS ARE SERVED WITH MILK OR WATER**

.