MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Cinnamon Toast & Milk	Banana Bread & Milk	Yogurt & Berries	Cheesy Toast & Milk	Waffles & Milk
Pizza Quesadilla Mixed Veggies Melon Milk	Ravioli Broccoli Apples Milk	Turkey Tacos Corn Bananas Milk	Chicken Nuggets Green Beans Pears Milk	Turkey Sandwich Carrots Bananas Milk
Milk Oranges & Whole Grain Crackers`	Hummus*, Cucumbers &	Cheese & Whole Grain Crackers	Apples, Sun Butter & Milk	Goldfish &Milk
8	9	10	11	12
English Muffin & Sun Butter*	Cornbread & Milk	Banana Bread & Milk	Waffles, Applesauce & Milk	Blueberry Muffin & Milk
Spaghetti Mixed Veggies Oranges Garlic Bread Cheese Sticks Milk	Tomato Soup* Cheesy Spinach Biscuits* Bananas Milk	Mini Pizza Green Beans Melon Milk	Chicken Brown Rice Corn Oranges Milk	Hoagie Sandwich Pickles Carrots Apples Milk
Apples & Milk	Cheddar Bunnies & Milk	Berries & Milk	Pears & Milk	Bananas & Milk
15	16	17	18	19
Waffles & Apple Sauce	Yogurt & Berries*	Bagels & Milk	Blueberry Muffin & Milk	Oatmeal & Milk
Mac & Cheese Mixed Veggies Apples Milk	Fish Fillet Rice Broccoli Pears Milk	Sloppy Joe's Peas & Carrots Oranges Milk	Lasagna Green Beans Bananas Garlic Bread Milk	Chicken Pinwheel Sandwich* Carrots Apples Milk
Hummus* Cucumber* & Milk	Cheddar Bunnies & Apples	Melon & Crackers	Apples & Cheese	Berries & Milk
22	23	24	25	26
Bagels 'n' Cr. Cheese & Milk	Waffles & Apple Sauce	Yogurt & Banana	Oatmeal & Milk	Cornbread & Milk
Chicken Nuggets Broccoli Melon Milk	Black Bean & Cheese Burrito Corn Oranges Milk	Chicken Burger Green Beans Bananas Milk	Goulash Peas & Carrots H2O Melon Milk	Ham Sandwich Carrots Apples Milk
Apples & Cheese	Oranges & Whole Grain Crackers	Melon and Whole Grain Crackers	Cheese & Whole Grain Crackers	Bananas & Milk
29	30			
Waffles, Applesauce & Milk	Cornbread & Milk			
Pasta Salad Peas & Carrots Apples Milk	Turkey Melts Broccoli Melon Milk			

Serving Sizes: Meat/Fish/Poultry 1/2 to 1 ounce Fruit/Vegetable 1/2 Cup Noodles/Rice/etc.1/4 Cup Milk/Juice/Water 3/4 cup ALL SNACKS ARE SERVED WITH MILK, JUICE OR WATER *SNACKS SERVED WITH MILK

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