

MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Banana Bread
				Cheese Sandwiches Carrots Oranges Milk
				H2O Melon & Milk
4	5	6	7	8
Waffles & Applesauce	Bagels & Milk	Banana Bread & Milk	Cheesy Toast & Milk	Cornbread & Milk
Pizza Quesadilla Mixed Veggies Honey Dew Melon Milk	Fish Fillet Rice Green Beans Apples Milk	Tomato Soup Cheesy Biscuits Bananas Milk	Pasta Salad Cheese Stick Peas & Carrots Oranges Milk	Hoagies Carrots Bananas Tomatoes Pickles Milk
Apples & Milk	Pears & Crackers	Berries & Milk	Wheat Thins & Milk	Apples & Crackers
11	12	13	14	15
Yogurt & Berries	Waffles & Applesauce	Cornbread & Milk	Pancakes & Milk	Cheesy Bagels & Milk
Chicken Nuggets Green Beans Oranges Milk	Turkey Tacos Corn Bananas Milk	Buttered Pasta Broccoli Melon Milk	Sloppy Joe's Peas & Carrots Oranges Milk	Turkey Sandwiches Carrots Berries Milk
Hummus & Crackers	Oranges & Crackers	Bananas & Milk	Apples & Cheese	Wheat Thins & Milk
18	19	20	21	22
Bagels & Milk	Bran Muffin & Milk	Waffles & Applesauce	Cornbread & Milk	Oatmeal & Milk
Turkey Melts Peas & Carrots Apples Milk	Raviolis Mixed Veggies Pears Milk	Chicken Burgers Corn Oranges Milk	Goulash Green Beans Apples Milk	Ham Sandwiches Carrots Bananas Milk
Yogurt & Berries	Apples & Milk	Melon & Milk	Crackers with Cheese & Milk	Goldfish & Milk
25	26	27	28	29
English Muffin with Sun Butter	Bagels with Cream Cheese & Milk	Waffles & Milk	Pumpkin Oatmeal & Milk	Cornbread & Milk
Mini Pizza Broccoli Melon Milk	Chicken Nuggets Corn Bananas Milk	Spaghetti Garlic Bread Cheese Sticks Peas & Carrots Pears Milk	Teriyaki Chicken Rice Green Beans Oranges Milk	Grilled Cheese Sandwich Carrots Pears Milk
Wheat Crackers & Cheese	Hummus & Cucumbers	Apples & Sun Butter	Cheddar Bunnies & Milk	Bananas & Milk

**Serving Sizes: Poultry/Meat and Fish 1/2 to 1 ounce Fruit and Vegetables 1/2 Cup Noodles and Rice 1/4Cup
Milk/Juice/Water 3/4 cup**

ALL SNACKS ARE SERVED WITH MILK OR WATER *LUNCH SERVED WITH MILALL CRACKERS ARE WHEAT,