December 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Cornbread & Milk	Banana Bread & Milk	Waffles, Applesauce & Milk	Cheesy Toast & Milk	Bagels, Cream Cheese & Milk
Buttered Pasta	Fish Fillet	Mini Cheese Pizza	Goulash	Turkey
Peas & Carrots	Rice	Mixed Veggies	Green Beans	Sandwich
Bananas	Broccoli	Apples	H2O Melon	Carrots
Cheese Sticks	Oranges	Milk	Milk	Pears
Milk	Milk			Milk
Oranges & Milk	Crackers & Milk	Berries & Whole Wheat Crackers	Apples & Sun Butter	Melon & Milk
10	11	12	13	14
French Toast & Milk	Oatmeal & Milk	Cheesy Toast & Milk	Banana Bread & Milk	Waffles, Applesauce & Milk
Macaroni 'n' Cheese	Tomato Soup*	Sloppy Joe's	Veggie Pasta Salad*	Sun Butter &Jelly
Mixed Veggies	Cheesy Biscuits*	Broccoli	Peas & Carrots	Sandwich
Oranges	Bananas	Pears	Cheese Cubes	Carrots
Milk	Milk	Milk	Berries	Apples
			Milk	Milk
Hummus & Whole Grain Crackers	Cheddar Bunnies & Apples	Melon & Cheese	Oranges & Crackers	Bananas & Milk
17	18	19	20	21
Waffles & Apple Sauce	Yogurt & Berries*	Cornbread & Milk	English Muffin With Sun Butter*	Bagels, Cream Cheese & Milk
Spaghetti	Chicken Nuggets	Turkey Tacos	Lasagna	Chicken Pinwheel
String Cheese	Green Beans	Corn	Mixed Veggies	Sandwich*
Garlic Bread	Melon	Pears	Melon	Carrots
Broccoli	Milk	Milk	Garlic Bread	Bananas
Oranges			Milk	Milk
Milk Cheddar Bunnies &	Bananas & Milk	Orangas & Crackers	Hummus* Cucumber*	Apples & Chasse
Apples	Dallallas & Milk	Oranges & Crackers	& Milk	Apples & Cheese
24	25	26	27	28
Bagels 'n' Cr. Cheese	A C C C	Plain Yogurt & Banana	Cheesy Toast & Milk	Banana Bread & Milk
& Milk	ACCC	Tann Togart & Daniana		2 4.1.4.1.4. 2. 04.4. 4. 1. 1.1.1.
Ravioli	0000	Pizza Quesadilla	Black Bean & Cheese	Ham Sandwiches
Broccoli		Green Beans	Burrito	Carrots
Berries		Apples	Corn	Oranges
Milk	Winter!	Milk	Pears	Milk
	₩ WHIEL?		Milk	
	CLOSED			
Apples & Cheese	X-MAS	Melon and Whole Grain Crackers	Bananas & Milk	Hummus* & Whole Wheat Crackers
31				
Coffee Cake & Milk				
Buttered Pasta				
Peas & Carrots				
Bananas				
Cheese Sticks				
Milk				
Whole Grain Crackers				
& Milk Serving Sizes: Meat/Fish	Poultry 1/2 to 1 ounce I	 Fruit/Vegetable 1/2 Cup Noo	dles/Rice/etc 1/4 Cup M	ilk/Juice/Water 3/4 cup

Serving Sizes: Meat/Fish/Poultry 1/2 to 1 ounce Fruit/Vegetable 1/2 Cup Noodles/Rice/etc.1/4 Cup Milk/Juice/Water 3/4 cup