November 2018

November 2018				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Cornbread & Milk	French Toast & Milk
			Tomato Soup*	Turkey
			Cheesy Biscuits*	Sandwich
			Oranges	Carrots
			Milk	Bananas
				Milk
			Pears & Milk	Cheese & Whole Grain Crackers
5	6	7	8	9
English Muffin With	Oatmeal/Raisins &	Banana Bread & Milk	Waffles, Applesauce &	Bagels & Milk
Sun Butter	Milk		Milk	2.90.0
Ravioli	Goulash	Sloppy Joe's	Quesadilla	Hoagies
Green Beans	Broccoli	Mixed Veggies	Corn	Toms & Pickles
Apples	H2O Melon	Pears	Berries*	Baby Carrots
Milk	Milk	Milk	Milk	Oranges
IVIIIK	IVIIIK	IVIIIK	IVIIIK	Milk
Cheese & Whole Grain	Goldfish & Milk	Melon & Cheese	Bananas & Milk	Apples & Milk
Crackers				
12	13	14	15	16
	Cornbread & Milk	Cheesy Toast & Milk	English Muffin With Sun Butter*	Waffle & Apple Sauce
Q 9	Macaroni 'n' Cheese	Mini Pizza	Turkey Tacos	Chicken Pinwheel
	Mixed Veggies	Broccoli	Corn	Sandwich*
	Oranges	Melon	Oranges	Carrots
	Milk	Milk	Milk	Watermelon
Veterans Day				Milk
ACCC Closed	Melon & Crackers	Cheese & Crackers	Apples & Milk	Bananas & Milk
19	22	21	22	23
Bagels 'n' Cr. Cheese & Milk	Waffles & Apple Sauce	Yogurt & Berries		
Fish Fillet	Chicken Burger	Grilled Cheese	. 4	
Rice	Tomato	Sandwich		
Broccoli	Corn	Carrots	and the state of t	Give Thanks
Pears	Bananas	Apples		GIVE 1
Milk	Milk	Milk	HAPPY	
			THANKSCIVINC	
Apples & Cheese	Oranges & Whole Grain Crackers	Melon & Milk	ACCC Closed	ACCC Closed
26	27	28	29	30
French Toast & Milk	Waffles, Applesauce & Milk	Yogurt and Berries	Bagels, Cream Cheese & Milk	Oatmeal/Raisins & Milk
Chicken Nuggets	Pizza Quesadilla	Spaghetti	Black Bean & Cheese	Cheese Sandwich
Green Beans	Broccoli	Mixed Veggies	Burrito	Carrots
Melon	Apples	Pears	Corn	Bananas
Milk	Milk	Garlic Bread	Oranges	Milk
I-mix	i-mix	Cheese Sticks	Milk	1-mix
		Milk	1*IIIX	
Cheese & Whole Grain	H2O Melon &	Oranges & Whole	Hummus/Cucumbers &	Goldfish & Mllk
Crackers	Crackers	Grain Crackers	Milks	SSIGNON & PHIK
STUCKCI S		Grani Grackers	I-IIIK3	l

Serving Sizes: Meat/Fish/Poultry 1/2 to 1 ounce Fruit/Vegetable 1/2 Cup Noodles/Rice/etc.1/4 CupMilk/Juice/Water 3/4 cup
ALL SNACKS ARE SERVED WITH MILK, JUICE OR WATER *SNACKS SERVED WITH MILK

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