## **MARCH 2018**

		MARCH 2018		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Yogurt & Berries	Banana Bread
			Chicken Nuggets	Cheese Sandwiches
			Green Beans	Carrots
			Honey Dew	Oranges
			Milk	Milk
			Bananas & Milk	H20 Melon & Milk
5	6	7	8	9
Waffles &	Bagels & Milk	Scramble Eggs & Milk	Cheesy Toast & Milk	Banana Bread & Milk
Applesauce				Dariana Dicad & Milk
Pizza Quesadilla	Tomato Soup	Macaroni 'n' Cheese	Black Bean & Cheese	Hoagies
Green Beans	Cheesy Spinach	Mixed Veggies	Burrito	Carrots
Honey Dew Melon	Biscuits	Oranges	Corn	Bananas
Milk	Bananas	Milk	Melon	Tomatoes
	Milk		Milk	Pickles
				Milk
Apples & Milk	Pears & Crackers	Berries & Milk	Wheat Thins & Milk	Apples & Crackers
12	13	14	15	16
Yogurt & Berries	Waffles & Applesauce	Cornbread & Juice	Pancakes & Milk	Cheesy Bagels & Milk
Fish Fillet	Turkey Tacos	Buttered Pasta	Sloppy Joe's	Turkey Sandwiches
Rice	Corn	Broccoli	Peas & Carrots	Carrots
Green Beans	Bananas	Melon	Oranges	Berries
Apples	Milk	Milk	Milk	Milk
Milk				
Hummus & Crackers	Oranges & Crackers	Bananas & Milk	Apples & Cheese	Wheat Thins & Milk
19	20	21	22	23
Bagels & Milk	Bran Muffin & Milk	Waffles & Applesauce	Cornbread & Milk	Oatmeal & Milk
Turkey Melts	Raviolis	Chicken Burgers	Goulash	Ham Sandwiches
Peas & Carrots	Mixed Veggies	Corn	Green Beans	Carrots
Apples	Pears	Oranges	Apples	Bananas
Milk	Milk	Milk	Milk	Milk
Yogurt & Berries	Apples & Milk	Melon & Milk	Crackers with Cheese	Goldfish & Milk
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26	27	28	29	30
English Muffin with	Bagels with Cream	Waffles & Milk	Pumpkin Oatmeal &	Cornbread & Milk
Sun Butter	Cheese & Milk		Milk	
Mini Pizza	Chicken Nuggets	Spaghetti	Teriyaki Chicken	Grilled Cheese
Broccoli	Corn	Garlic Bread	Rice	Sandwich
Melon	Bananas	Cheese Sticks	Green Beans	Carrots
Milk	Milk	Peas & Carrots	Oranges	Pears
		Pears	Milk	Milk
		Milk		
Wheat Crackers &	Hummus &	Apples & Sun Butter	Cheddar Bunnies &	Bananas & Milk
Cheese	Cucumbers		Milk	
Serving Sizes: Poultry/Meat and Fish 1/2 to 1 ounce Fruit and Vegetables 1/2 Cup Noodles and Rice 1/4Cup				

Serving Sizes: Poultry/Meat and Fish 1/2 to 1 ounce Fruit and Vegetables 1/2 Cup Noodles and Rice 1/4Cup Milk/Juice/Water 3/4 cup

ALL SNACKS ARE SERVED WITH MILK OR WATER \*LUNCH SERVED WITH MILALL CRACKERS ARE WHEAT, AND WE USE GROUND TURKEY